## **GODRIC CYCLING CLUB**

START SHEET FOR THE 10 MILE OPEN TIME TRIAL FOR TANDEMS WOMEN AND MEN to be held on the 12th June 2021 starting at 14. 01 on Course B10/43. Promoted for an on behalf of Cycling Time Trials under its Rules and Regulations.

Event Secretary; Paul Vergette, 29 Church Road, Upton, Norwich NR13 6AJ Mobile 07715284787.

HEADQUARTERS; Wortwell Village Hall, Wortwell, Tunbeck Close, Wortwell, IP20 OHS There is another Group using the Hall till 1pm so no access to toilets before this time. COVID RESTRICTIONS WILL APPLY

Toilets will be restricted to one person at a time. Please keep to Social Distancing at all times. Numbers and sign on will be near the entrance to the Hall where you will sign on. When you have finished your rider return your number AND REMEMBER TO SIGN OFF OR YOU WILL BE DISQUALIFIED FROM THE RESULTS. THERE WILL BE NO REFRESHMENTS AT THE FINISH.

YOU MUST HAVE A WORKING REAR LIGHT at the start of the event. NO REAR LIGHT NO START.

In the interests of your own Safety Cycling Time Trials and the Event Promotor advise you wear a hard shell helmet that meets the Internationally accepted standards.

CTT EAST DISTRICT LOCAL REGULATIONS. U TURNS will not be permitted on the course or roads adjacent to the START or FINISH areas whilst the event is in progress. NOTE ANY BREAKING of this Regulation in the first case may mean disqualification from the Event. Further cases will be referred to the District Committee. A U Turn is defined as a 180 degree turn completed within the the highway whilst astride the machine. It is recommended that rider(s) should dismount check the road is clear in both directions then with machine walk across the road.

No warming up on the course once the event has started. There will be NO Refreshments available.

There will not be a result board available. Times will be posted on CTT website/Godric Facebook page in due course.

Please have a good safe ride ride.

PRIZES.

EQUAL PRIZES FOR WOMEN AND MEN 1st £35.00 2nd £30.00 3rd £25.00 4th £20.00 5th £15.00

VETS ON STD AS ABOVE. NOTE 1 RIDER ONE PRIZE